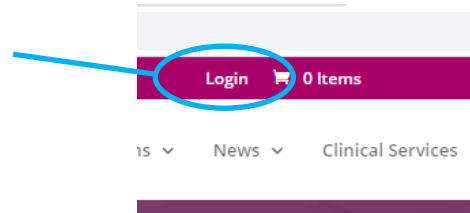


## How to Download your Software Package

After you receive your account activation email, you can log-in and access your subscribed software downloads.

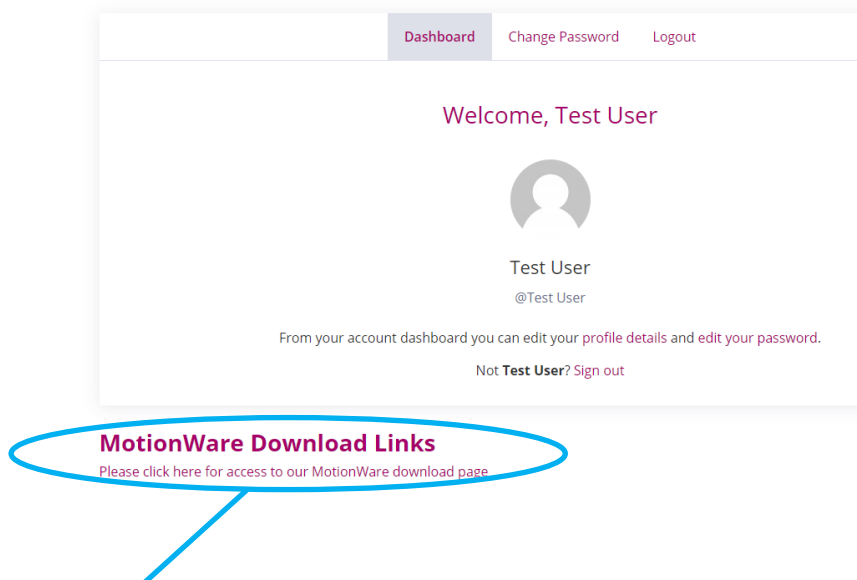
1. Click on the 'Login' button on the top title bar of the CamNtech web site:



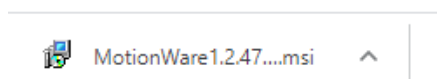
2. Enter your username or email and password from when you created your account:

A screenshot of the login form. It has two input fields: 'Username or email address \*' containing 'testuser1' and 'Password \*' with a masked password. Below the fields is a 'Remember me' checkbox and a 'Login' button. A link 'Not a member yet? Register now.' is located below the 'Remember me' checkbox.

3. You will be directed to your dashboard area:

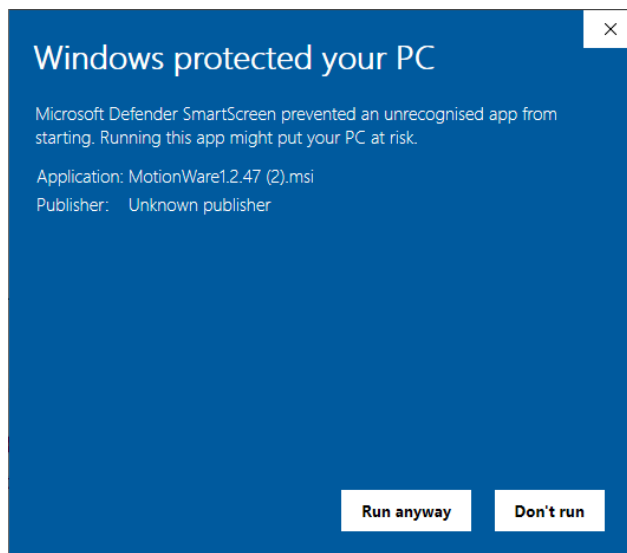


4. Your active software subscriptions will be listed on your dashboard – click the link to download your software:
5. Depending upon your browser, you will see the download at the bottom of your screen:



## How to Download your Software Package

6. Wait for the download to complete and then click on the download to run the installer\*.
7. You may see a warning that the 'publisher is unknown' – this is not a security risk and it is safe to click 'run anyway':



8. The installer will now run and guide you through the installation process.
9. Previous software versions will be automatically un-installed and you will not lose any data during the new installation\*.

\*Existing Actiheart and PRO-Diary users should note that the demo database will be over-written during a new software installation.

Do not use the demo database for you own data, always create a new database.

If you have used the demo database, please save a copy in a different folder before installing the new software.